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**ASHGROVE SCHOOL SWIMMING SPORTS**  
**WEDNESDAY 22<sup>ND</sup> FEBRUARY 10.30AM – 3.00PM**  
**DUDLEY AQUATIC CENTRE**

Dear Parents / Caregivers

In just over two weeks Ashgrove students will be attending our annual swimming sports. All Mahuri and Turepo Team children will be participating in the event on Wednesday 22<sup>nd</sup> February at the Dudley Aquatic Centre. If we have suitable weather we will have lunch in Dudley park. On the back of this notice is an outline of the days programme.

Please ensure that students have the following gear: two towels, swimming togs, jersey and jacket, sun screen, hat, packed lunch with plenty of good healthy snacks and plenty of water to drink. Students must have their sun hats and sunscreen as our lunch break will take place during peak burn time hours.

**Programme Outline**

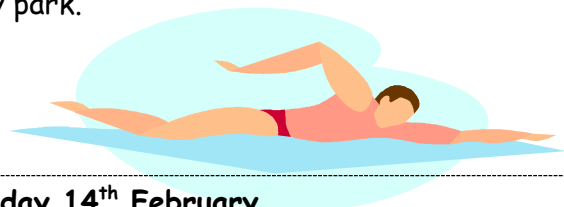
- **At 10:30am - all 8 & 9 year olds (as at the 1<sup>st</sup> January 2017)** will begin their respective swimming events. These children will be walking to the pool leaving at 9:15am. After the 8 & 9 year olds swimming events (at approximately 12.30pm) the children will then proceed out to Dudley Park to have some lunch and recreation time before walking back to Ashgrove. If we do have inclement weather on the day, we will transport the children to and from the venue by bus.
- **At 1:00pm - all 10, 11 & 12 year olds (as at the 1<sup>st</sup> January 2017)** will begin their respective swimming events. These children will be biking or walking to the pool on the day, so students biking will require their bike on the day. These children will be leaving ashgrove at 11.45am to have an early lunch at Dudley Park. **After the 10, 11 & 12 year olds events the children will be dismissed for the day from Dudley Aquatics Centre.** If we do have inclement weather on the day, we will transport the children to and from the venue by bus.

Please ensure that gear is labelled and in a suitable carry bag. If you would be able to help during the day could you please return the slip below to your Class Teacher by Tuesday 14<sup>th</sup> February. ***Please only return the slip if your child is unable to bike, you are able to help or would like to swim in the relay.***

The swimming sports are a great day enjoyed by everyone and we look forward to seeing you there. Come and enjoy the swimming and join us for lunch in Dudley park.

Kind regards

Sport Co-ordinator



**Please return to your Class Teacher by Tuesday 14<sup>th</sup> February**

\* Please Tick

- I can help at the school swimming sports on Wednesday 22<sup>nd</sup> February.
- I would like to swim in the relay (it's only 1 length!)
- I would like to assist with walking children to and from the pool as a parent helper
- My child is unable to bike to and from the Swimming Sports (**Children aged 10-12 only**)

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Parent/Caregiver Name

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Child's Name

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Room

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Phone

# PROGRAMME OUTLINE FOR THE DAY

## WEDNESDAY 22<sup>ND</sup> FEBRUARY 10:30AM – 3:00PM

Please note that this is just a probable outline of the events and the order that they will run in. It is not really possible to give a time for each event as it will depend on how long each event takes. Events will run concurrently beginning with Event's 1 and 9.

### **Beginning Swimmers** - 10:30a.m. & 1:00 p.m. start in the shallow end of the learners pool

Event 1 - **Float and Kick** - using a kickboard, kick to the other side of the pool

Event 2 - **Walk and Run** - a foot race to touch the other side of the pool

Event 3 - **Front Glide** - floating on stomach, stopping if they need to, to the other side

Event 4 - **Back Glide** - floating on back using a kickboard to get to the other side

Event 5 - **Float and Tow** - using a noodle, tow partner to other side then change and come back

### **Middie Swimmers** - all events are lengths in the learners pool.

Event 6 - **Freestyle**

Event 7 - **Backstroke**

Event 8 - **Breaststroke**

### **Competent Swimmers** - 10:30 a.m. & 1:00 p.m. start in the lane pool - 25m

Event 9 - **Freestyle**

Event 10 - **Backstroke**

Event 11 - **Breaststroke**

### **Championship Swimmers** - 50m (2 lengths)

Event 12 - **Freestyle**

Event 13 - **Backstroke**

Event 14 - **Breaststroke**

Event 15 - **Open Butterfly**

### **Finale**

Event 16 - **House Relay** - Teams of 4 (1 Boy & 1 Girl from both each age group level)

Event 17 - **Student/Parent/Staff Relay** (afternoon session only)