



ASHGROVE SCHOOL

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7th March

Dear Parents and Caregivers,

During the last three weeks of the term we will be teaching the personal safety programme *Keeping Ourselves Safe* in the Pihinga and Tipu teams.

Keeping Ourselves Safe has been designed to give students the skills to cope in situations involving abuse. It has three overall aims:

- to develop and strengthen children's skills to keep themselves safe with other people;
- to support and encourage children to get help from adults they can trust;
- to make teachers and parents/caregivers more aware of the need to keep children safe from abuse by adults or other children.

Keeping Ourselves Safe will be taught by your child's teacher, with support from the local Police School Community Officer, Constable Ken Terry, as required.

To be successful, *Keeping Ourselves Safe* needs your help and support. Your child may have homework activities to work on with you.

It is important that you participate as much as possible and talk to your child about what they have been learning. This will help reinforce the messages the school is giving, and help your child to use his or her new skills with confidence.

A parent and caregiver meeting will be held as follows:

- Date: Thursday 23rd March
- Time: 9.00 - 9.45am
- Venue: Room 10

Please contact the school if you would like any more information about the programme.

Kind regards,

Kaye Roberts, Nic Green, Alice Eastwick, Ashleigh Stevenson, Leona Starkey, Kylie Forrest, Emma Tillman, Abby Washington & Trudy Miles - Pihinga and Tipu teachers