

1st November 2017

Kia Ora Year 6 Whanau

Year 6 Safe Cycling Unit

In Week 8 of this term we will be holding our annual 'Safe Cycling' unit for all Year 6 ākonga in the Mahuri Team. This is a practical unit that aims to equip our ākonga to safely use the roads and their bikes through guided sessions within the school grounds then on the roads under adult supervision.

Each ākonga will need a bike and helmet for the duration of the unit. Please ensure, to the best of your ability that the bike they are going to use is roadworthy (stunt pegs etc removed) – we will do a safety check of these items on the Monday November 27th (Week 7) to ensure they are suitable for the week of activities that will follow. Helmets must be the correct size and fitted to your child. We will need some matua/parent/adult help with the safety check also. There is a basic checklist to go through for bikes. If you can offer any time and assistance on Monday 27 November we would greatly appreciate your help.

Without matua help we are unable to undertake this unit. To ensure the unit is a success we will need the kind help of matua/parent/adult helpers to assist us with the groups and the skills involved. If you are able to join us at any time during the week then please indicate on the form below (circle the day(s)/times you can help) and return it to your taitamaiti kaiako with the permission slip.

Session One – Rata - Time: 9.05am – 10.30am

We need a minimum of 6 helpers per session so please feel free to help for both sessions.

Monday 27 November	Tuesday 28 November	Wednesday 29 November	Thursday 30 November	Friday 1 December
Cycle Check Monday				
Monday 4 December	Tuesday 5 November	Wednesday 6 November	Thursday 7 December	Friday 8 December
Confidence / braking / hand signals / turns (on the road) Possibly a road session if enough confident children.	Turns at intersections / Introducing roundabout rules (on the park) Left hand/right hand turns / stopping (on the road)	Turns at intersections / roundabout rules (on the park) Left hand/right hand turns / stopping (on the road)	Turns at intersections / roundabout rules (on the park) Left hand/right turns / going around roundabouts / stopping (on the road)	Turns at intersections / roundabout rules (on the park) Left hand/right turns / going around roundabouts / stopping (on the road)

Session Two – Kowhai - Time: 11.00am – 12:30pm

We need a minimum of 6 helpers per session so please feel free to help for both sessions.

Monday 27 November	Tuesday 28 November	Wednesday 29 November	Thursday 30 November	Friday 1 November
Cycle Check Monday 21 st November				
Monday 4 November	Tuesday 5 November	Wednesday 6 November	Thursday 7 December	Friday 8 December
Confidence / braking / hand signals / turns (on the road) Possibly a road session if enough confident children.	Turns at intersections / Introducing roundabout rules (on the park) Left hand/right hand turns / stopping (on the road)	Turns at intersections / roundabout rules (on the park) Left hand/right hand turns / stopping (on the road)	Turns at intersections / roundabout rules (on the park) Left hand/right turns / going around roundabouts / stopping (on the road)	Turns at intersections / roundabout rules (on the park) Left hand/right turns / going around roundabouts / stopping (on the road)

Please fill in the permission slip below and return it to your taitamaiti kaiako by **Wednesday 8 November**

We appreciate you offering to help with our programme.

Ngā mihi nui

Fiona Bester, Sharon Heeman and Shallie Doney

Year 6 Safe Cycling 2017

Taitamaiti name: _____ Ngāhere: _____

I give/do not give permission for my taitamaiti to take part in the cycling skills activities within the school grounds.

I give/do not give permission for my child to practice cycling skills on the road with adult supervision.

I am able/not able to help with the Safe Cycling Unit (please tick the day(s) /times you can help on below).

Monday 27 November				
<input type="checkbox"/> Helmet and bike Check				
Monday 4 December	Tuesday 5 December	Wednesday 6 December	Thursday 7 December	Friday 8 December
<input type="checkbox"/> 9.05-10.30	<input type="checkbox"/> 9.05-10.30	<input type="checkbox"/> 9.05-10.30	<input type="checkbox"/> 9.05-10.30	<input type="checkbox"/> 9.05-10.30
<input type="checkbox"/> 11-12.30	<input type="checkbox"/> 11-12.30	<input type="checkbox"/> 11-12.30	<input type="checkbox"/> 11-12.30	<input type="checkbox"/> 11-12.30

Please Print Clearly

Your Name: _____ Phone: _____

Email: _____

